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Do you want your team to be featured in our newsletter? Just email me for the details—  
mpotts@accesscomm.ca

## 2007 AGM

The 2007 AGM was held in Saskatoon at Marion Graham on Saturday, May 5th. A huge thanks to everyone who came out! The minutes for the meeting are posted on the website, but here is a quick highlight of some of the exciting changes:

- The definition of 'cheer' was modified to allow this part of the routine to be performed WITH or without music.
- The motion to move to a segregated judging style was passed for both cheer and pom. This means that instead of each judge assessing every aspect of the routine, they only focus on a subset of skills. For cheer: degree of difficulty (jumps, stunts, pyramids & tosses), degree of execution (jumps, stunts, pyramids & tosses), and routine skills and for pom: degree of difficulty (jumps & kicks), degree of execution (jumps & kicks), and routine skills. Along with this, the degree of difficulty scales were revised and degree of execution scales were created. All of these changes were made to help increase the accuracy of judging.
- 2-4 spotters are required for every performance at SCA sanctioned competitions.
- Age categories have changed to allow the inclusion of athletes in grade 5.
- Elementary and Junior cheer teams will now be using the senior cheer degree of difficulty scales. Their total scores will be adjusted to compensate for the skills listed on the score sheets that they are not allowed to perform.
- The safety judge was granted the ability to move around the competition floor during performances in order to more accurately observe the routine (if they so choose).
- SCA sanctioned competitions will have their results posted on our website no later than 72 hours after the completion of a competition.
- Implementation of a standardized Co-Ed/Girls 5 score sheet and commentary sheet.

The SCA has also revised its Executive positions and has added two Membership & Events Coordinators to help educate schools on the benefits of becoming an SCA member and to help member schools plan, organize, and run an SCA sanctioned competition.

If you have any questions about the AGM, don't hesitate to email me—[mpotts@accesscomm.ca](mailto:mpotts@accesscomm.ca).

Mishayla Potts  
SCA President



Marion Graham—URCC

## Featured Team—Churchill Community High School

Located about 250 km north of Prince Albert, La Ronge is the home to our most Northern SCA member school—Churchill Community High School. The school has approximately 450 students from grade seven to grade twelve. Their Charger Cheerleading Senior Small Varsity Squad is head by coach Sandra Horne and assistant coach Malgorzata Sierzycki and has just completed their third competitive season.

**Cheer for:** Our annual Mid-Winter Thaw Invitational Basketball Tournament (our girls do the 1/2 time show) and Pre-Cam Elementary School - we do performances for the school which is K-6!

**Achievements:** Our first year we placed 2nd at the U of R Charity Cheer Competition! This is only our 3rd year as a team, and we continue to successfully recruit new members. This year we had our first guy join the team! We try to compete in a new competition every year—this year we traveled to Winnipeg Manitoba (14 hours of travel) and placed 2nd in the Co-Ed Division of the Ice Breaker Competition. We were the only team representing Saskatchewan! Our town has stood behind us with enormous support. Our fundraising efforts have helped us purchase team uniforms and cover travel expenses. I don't think other teams realize the distance we have to travel for competition. Regina is a 7 hour drive and Edmonton is 10 hours! With our cheerleading team being so popular and successful, we have been able to add 2 Girls' 5 teams, and the CCHS Charger Pom Team! Go Chargers!

**Why we love cheerleading:** Our team enjoys cheerleading because it's a little bit of everything they love. Dance, flexibility, creativity and strength. Plus coming home with that second place trophy after knowing how hard we worked was very rewarding. And they love the fact that we have to work together towards the same goal!

Find out more information about them on their website: <http://www.geocities.com/cchscheerleaders/>



## Featured Stunt — Scorpion



A scorpion is a liberty variation that is classified as an advanced stunt. The base(s) hold the top's right foot and the top grasps their left foot behind their head to form a loop. To increase the difficulty, tops can release their left hand—leaving only their right hand to grasp their left foot. This can be performed as a group or partner stunt. Dismounts can consist of a straight cradle, single twist, or double twist. Scorpions require the top to be flexible and have good balance. This picture features a co-ed scorpion performed by the NEW Rider Cheerleading Team (left) and group scorpions performed by the Campbell Collegiate Senior Cheer Team (right).



[www.sca.ca](http://www.sca.ca)

Questions, comments,  
suggestions?

Want to have your team  
or stunt pic featured in an  
upcoming newsletter?

Get free exposure for your  
team!

Email me @  
mpotts@accesscomm.ca!



Saskatchewan  
Cheerleading  
Association

*The Saskatchewan Cheerleading Association aims to support and promote cheerleading through the following initiatives:*

- *Develop standardized safety regulations.*
- *Act as a regulating body for cheerleading in Saskatchewan.*
- *Encourage participants to respect the sport and other participants.*
- *Support schools in the promotion of cheerleading and providing resources when running competitions.*
- *Forge a better understanding with school staff, school board administration, physical education departments, and other school athletic associations.*
- *Encourage coaches and judges to become actively involved and knowledgeable through clinics and conferences.*
- *Establish communication between provincial, national, and international cheerleading associations.*



## The NEW Rider Cheerleading Team

Nicole Bidwell, coach of the University of Regina Cheerleading Team has now taken on the role of Head Coach of the **620 CKRM Rider Cheerleading Team**. This year's team features 13 dancers (coached by Darren Lacey) and 24 collegiate-style stunters. The two teams will work both apart and together games, presenting an exciting new dynamic for fans!



Tryouts were held in March with many qualified athletes attending. The team consists of 31 girls and 6 guys from Regina and Saskatoon. This team will have Jeff Petryna from Level 10 as their trainer. Practices began in April and everyone is really excited about this new opportunity for cheerleading in Saskatchewan.

Check out the new team at the following home games:

- Friday, June 22 @ 7pm
- Sunday, July 8 @ 5pm
- Friday, July 13 @ 8pm
- Saturday, July 28 @ 1:30pm
- Saturday, August 18 @ 8pm
- Sunday, September 2 @ 2pm
- Saturday, September 22 @ 5pm
- Saturday, September 29 @ 1pm
- Sunday, October 21 @ 1pm
- Saturday, November @ 2pm

Please see [riderville.ca](http://riderville.ca) for more information and/or time changes.

## 2007-2008 Executive

**President** - Mishayla Potts  
**Vice President** - Janelle Single  
**Secretary** - Alissa Stewart  
**Treasurer** - Diane Klemp  
**Judging Director** - Denise Norris  
**Membership & Competition Coordinator South** - Faye Matt  
**Membership & Competition Coordinator North** - Leslie Stevenson  
**Events Director** - Hillary Ibbott Neiszner  
**Pom Director** - Jennifer Ritchie  
**School Liaison** - Bonnie Chepil-Kvamme



**Yorkton Regional Raiders—URCC**