

Updated: 01/18/12

### ANSWERS TO BE WRITTEN ON THE ANSWER SHEET ONLY

#### True/False

1. Participants who chew gum will receive a 5-point deduction.
2. In the event that a coach needs to stop the routine during competition, he or she must first approach the Safety Judge.
3. Teams may request clarification regarding routine skills by contacting the Judging Director no later than 14 days prior to the event at which it will be performed.
4. Level 2 teams are allowed to perform extensions, but not allowed to perform liberties.
5. Stunt team members must wear shoes conducive to safe performance.
6. A team who has an extra member on the floor (above their division's limit) will receive a 15-point deduction.
7. Skills not only have to be identifiable, but must be executed properly, in order to receive the appropriate DOD (Degree of Difficulty) mark.
8. If the Safety Judge clocks a team's routine time at 2:41, the team will receive a 10-point deduction.
9. It is optional to purchase an SCA Membership prior to attending an SCA sanctioned event (competition, conference, clinic, etc.)
10. If a routine ends with stunts, once the stunts hit, the Safety Judges can no longer deduct for safety infractions.

#### Multiple Choice

1. Teams performing an illegal skill (skill beyond their limitation) will be
  - a. Given a 5-point deduction
  - b. Given a 10-point deduction
  - c. Given a 20-point deduction
  - d. Disqualified
2. A routine can be halted by the Safety Judge if:
  - a. If their coach does routine motions while the team is performing
  - b. If their coach yells at the team during the performance
  - c. If illegal or unsafe stunts are being performed
  - d. A routine cannot be halted by the Safety Judge, only the team's coach can halt a routine
3. A spotter
  - a. May move through or under a stunt to help minimize the risk to the top
  - b. May grasp the wrists of the bases
  - c. May be positioned at the front of the stunt
  - d. May hold the sole of the top's foot with both hands to provide additional support

## Coaches' Certification – Rule Book Test Levels 1 & 2

4. At Level 1, cartwheels over the following are legal:
  - a. An athlete if they are lying flat on the performing surface
  - b. A pom or set of poms, as long as the tumbler does not touch the pom(s)
  - c. A sign no larger than 2 feet by 3 feet
  - d. All of the above
  - e. None of the above
  
5. At Level 2, which of the following is legal?
  - a. Forward roll over a prop
  - b. A cartwheel over an athlete lying flat on the performing surface
  - c. A tumbling pass that includes a single twist
  - d. None of the above are legal.
  
6. At Level 2, tops may be in an inverted position
  - a. When they are performing a rotational basket toss
  - b. During an assisted flipping transition
  - c. During a ground level inversion to a non-inverted position (example: handstand to shoulder sit)
  - d. B and C only
  - e. None of the above
  
7. At Level 2, which of the following is a legal dismount?
  - a. From a pre-extension the top is released to the performing surface with the assistance of an original base
  - b. From a thigh stand, the top performs a toe touch before landing on the performing surface.
  - c. From a pre-extension, the top performs a toe touch and is cradled by 3 catchers.
  - d. From a pre-extension, the top does a full twist dismount and is cradled by 3 catchers.
  - e. All of the above.
  
8. At Level 2, which of the following is legal?
  - a. A single twisting log roll that starts and ends in a cradle
  - b. A straight ride basket toss
  - c. A pyramid where an extended single-leg stunt is braced by at least 1 top at pre-extension level
  - d. All of the above
  - e. None of the above
  
9. Which of the following would result in a Legality Violation deduction?
  - a. A top is cradled from a pre-extension and her bases move from their original positions to catch her safely
  - b. A top falls from a pre-extension and her behind touches the performing surface
  - c. A stunt group performs a basket toss with three catchers.
  - d. All of the above
  
10. Teams in the Youth division may consist of:
  - a. Students in grade 4, 5, and/or 6
  - b. Students in grade 3 - 6 (if that school has grade 3 students)
  - c. Students in grade 5 - 7 (if that school only goes to grade 7)
  - d. No more than 50% boys