

Updated: 1/18/12

ANSWERS TO BE WRITTEN ON THE ANSWER SHEET ONLY

True/False

1. Participants who chew gum will receive a 5-point deduction.
2. In the event that a coach needs to stop the routine during competition, he or she must first approach the Safety Judge.
3. Teams may request clarification regarding routine skills by contacting the Judging Director no later than 14 days prior to the event at which it will be performed.
4. At Level 5, teams are allowed to build pyramids up to 2 ½ persons high.
5. Stunt team members must wear shoes conducive to safe performance.
6. A team who has an extra member on the floor (above their division's limit) will receive a 15-point deduction.
7. Skills only have to be identifiable, but not necessarily executed properly, in order to receive the appropriate DOD (Degree of Difficulty) mark.
8. If the Safety Judge clocks a team's routine time at 2:41, the team will receive a 10-point deduction.
9. It is optional to purchase an SCA Membership prior to attending an SCA sanctioned event (competition, conference, clinic, etc.)
10. Once timing has stopped Safety Judges can no longer deduct for safety infractions.

Multiple Choice

1. A routine can be halted by the Safety Judge if:
 - a. If their coach does routine motions while the team is performing
 - b. If their coach yells at the team during the performance
 - c. If illegal or un-safe stunts are being performed
 - d. A routine cannot be halted by the Safety Judge, only the team's coach can halt a routine
2. At Level 5, tops may be in an inverted position
 - a. When they are performing a rotational basket toss
 - b. During a forward suspended roll from pre-extension as long as they are assisted by at least 3 bases, 2 of which are positioned to protect the head and shoulder area
 - c. During a pyramid transition when the top is released from the bases but maintains contact with at least 1 top at pre-extension level or below
 - d. B and C only
 - e. None of the above
3. A spotter
 - a. May move through or under a stunt to help minimize the risk to the top
 - b. May grasp the wrists of the bases
 - c. May be positioned at the front of the stunt
 - d. May hold the sole of the top's foot with both hands to provide additional support

4. At Level 4, which of the following statements is true?
 - a. A top is allowed up to 1 ¼ twisting rotations in a dismount from all single-leg stunts
 - b. Single based stunts must have an additional spotter with at least 1 arm/hand supporting the waist to shoulder region to protect the head and shoulder area of the top in straight cradle dismounts
 - c. Braced inversions in pyramids are allowed up to 1 ¼ flipping rotations and 0 twisting rotations as long as the inversion is braced on 2 separate sides at pre-extension level and maintains a continuous movement
 - d. All of the above
 - e. A and B only

5. At Level 5, which of the following is legal?
 - a. Connected single-leg extended stunts (example: paper dolls)
 - b. Up to 2 ¼ twisting rotations in a dismount from all stunts
 - c. A tumbling pass that ends in a layout double twist
 - d. All of the above
 - e. None of the above

6. At Level 4, which of the following is legal in a toss
 - a. The top is caught by a different base group
 - b. A double twist basket toss
 - c. A travelling toss used for visual effect, as long as the top is caught by the original bases
 - d. A basket toss thrown with two front spots in addition to three bases
 - e. A basket toss where the top lands in the load position instead of a cradle

7. At Level 3, which of the following is legal?
 - a. A standing back handspring
 - b. A full twisting cradle from an arabesque
 - c. A kick full basket toss
 - d. All of the above
 - e. A and B only

8. At Level 4, which of the following would result in a 5-point deduction?
 - a. Two extended liberties with hand to hand contact by the tops
 - b. A pendulum where there are only 2 stationary catchers
 - c. A standing back tuck where the athlete lands on their knees
 - d. All of the above

9. The following is required for a school cheer (stunt) team:
 - a. The use of signs or props
 - b. A minimum of one team tumbling section consisting of at least one team tumbling element
 - c. A cheer or chant that may be done with or without music
 - d. A and C only
 - e. B and C only

10. At Level 3, the following is true in regards to release moves
 - a. Releasing from an inverted to non-inverted position is allowed
 - b. Release moves are restricted to a single skill/trick
 - c. Release moves must return to the original bases
 - d. A and C only
 - e. B and C only