

Updated: 01/18/12

ANSWERS TO BE WRITTEN ON THE ANSWER SHEET ONLY

True/False

1. Participants who chew gum will receive a 5-point deduction.
2. In the event that a coach needs to stop the routine during competition, he or she must first approach the Safety Judge.
3. Teams may request clarification regarding routine skills by contacting the Judging Director no later than 14 days prior to the event at which it will be performed.
4. Pom team members must wear footwear. This includes dance shoes or running shoes.
5. Teams may stunt in the routine as long as it does not exceed shoulder level.
6. A team may have an extra member on the floor (above their division's limit) with the approval of the competition host.
7. If the Safety Judge clocks a routine's time at 2:41, the team will receive a 10-point deduction.
8. If you are not competing, but only demonstrating your routine at an SCA Sanctioned Competition, you do not need to purchase an SCA Membership.
9. Once timing has stopped Safety Judges can no longer deduct for safety infractions.
10. Athletes may wear earrings as long as they are covered with athletic tape.

Multiple Choice

1. A routine can be halted by the Safety Judge if:
 - a. If their coach does routine motions while the team is performing
 - b. If their coach yells at the team during the performance
 - c. If the mat splits during the routine
 - d. A routine cannot be halted by the Safety Judge, only the team's coach can halt a routine
2. Which of the following would result in a 5-point deduction?
 - a. An athlete swears during a routine
 - b. A routine involves sexually suggestive choreography
 - c. An athlete's undergarments are visible while wearing their uniform
 - d. A team's music is not age appropriate
 - e. All of the above
3. Which of the following is a requirement for school pom teams?
 - a. The team must use their poms for the majority of the routine
 - b. The team must perform a minimum of 3 simultaneous team jumps and 3 simultaneous team kicks
 - c. The team must perform at least a 16 count section of pom motions simultaneously with all athletes involved
 - d. The team must perform at least one simultaneous spin/turn with all athletes involved
 - e. All of the above

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4. If a music fault or safety incident occurs during a routine, the Safety Judge will only permit the team to perform their routine again if:
 - a. It is brought to the Safety Judge's attention by the coach/teacher advisor within 15 minutes of the conclusion of the performance
 - b. It puts the athletes at a noticeable disadvantage
 - c. If the music fault/safety incident is confirmed by the judging panel
 - d. All of the above
 - e. A and B only

5. The following drops are permitted:
 - a. Knee
 - b. Seat
 - c. Split
 - d. A and B only
 - e. None of the above

6. The following tumbling elements are allowed:
 - a. Front roll
 - b. Cartwheel
 - c. Cartwheel over the back of another athlete
 - d. Aerial
 - e. All of the above